The Elder Futhark Runes

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Preface

The Elder Futhark Runes were made up of 24 basic runic letters. There were more added at points in time, but this e-book will only focus on the basic 24. The basic 24 are the runes that are normally used in divination and runic magic. The Elder Futhark alphabet starts with Feoh and ends with Dag. Each letter has its own meaning and correspondences.

Some of the runes change depending on who writes about them and what time period they are writing about. My research is mostly based on Nigel Pennick's work as that is the author who first introduced me to the runes. Please research the Elder Futhark runes to see which would work best for you.

This e-book is a series of posts that I wrote for my website, How To Witchcraft. I decided to put them in e-book for so that they would be easier to read. Please let me know what you think by commenting on one of the posts at How To Witchcraft or emailing me at katsanders@howtowitchcraft.net

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Chapter 1: Feoh



Feoh (F), also known as Fehu, is the primary rune of the first aett of the Elder Futhark. An aett (aettir is plural) is a group of eight. The Elder Futhark has three aettir. Each aett is ruled by a set of dual deities. For the first aett, this is Frey and Freyja. Frey and Freyja are the divinities of fertility. They are also the deities for this individual rune as well. Being the first rune symbolizes the beginning, the

starting point, creation.

Feoh also stands for cattle and wealth. Back in those days, the more cattle and sheep you owned, the wealthier you were. It also refers to money or currency, a payment or even profit.

Feoh is represented by the Elder tree or fairy tree. Elder trees are used to ward off evil spirits and bring health and vigor. The Elder tree should not be brought indoors as it is unlucky. The Elder tree is also associated with the supernatural and can help with seeing into the otherworld. Be careful, it is said that burning Elder wood is harmful and could be fatal. The Elder tree also bears fruit to elderberries which can be made into jam and wine.

Some Correspondences

Number: 1

Color: Light Red

· Tree: Elder

· Herb: Nettle

Gender: Female

Element: Fire and Earth

Deity: Frey and Freyja

Wind: Auster - South

Essential Oil: Spearmint

Time of Day: 12:30 - 13:30

Half Month Begins: 6/29/2012

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Chapter 2: Ur



Ur, also known as Uruz, is the second rune of the first aett and represents the wild ox. It stands for untamed strength, perseverance, power and stamina. This rune is used for anchoring and grounding work in a spell. The spell cannot be for a selfish

reason. This rune is best used for another or with another. This is a masculine rune and is ruled by Thor and Urd.

The tree for this rune is the birch tree which is also the tree for the Beorc rune. This tree is sacred to the Mother Goddess. It is the tree of purity, beginnings and spring growth. It is traditionally the wood of the Yule Log where burning it is asking for Spring to return. Birch was also traditionally used as the wood for baby cradles. It can also be used for the witch's broom. It is the tree of Sunday, the beginning of the week.

Some Correspondences

Number: 2

• Color: Dark Green

Tree: Birch

Herb: Iceland Moss

• Gender: Male

Element: Earth

Deity: Thor and Urd

• Wind: Africus - South-west

• Essential Oil: Oak Moss Absolute

• Time of Day: 13:30 - 14:30

• Half Month Begins: 7/14/2012

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Chapter 3: Thorn



The third rune, Thorn, also known as Thurisaz, is the rune dedicated to Thor. It is also known as Thurisaz. This rune stands for thorns, protection, change without warning and the power of resistance. The symbol for this rune is Thor's hammer, Mjöllnir.

Thorn has four trees which it calls its own. They are:

- Blackthorn
- Bramble

- Hawthorn
- Oak

Blackthorn: This tree grows in a thicket. These tickets represent psychic barrier and are used to help with physic defense. When a piece of blackthorn was made into a rod or staff, it signifies wisdom.

Bramble: This is a medicinal tree. Its leaves are used for skin irritations. It is also used to clear an area of harmful energy. This would make a great broom for purifying sacred space.

Hawthorn: This is a protective tree and makes a great physic shield. It stand for both active and passive protection, depending on which way it is standing. There are several types of hawthorn and each has its own protective and magical qualities. This tree is also associated with fairies and the entrances to their realms.

Oak: While this tree is mostly associated with the rune Ac, it can also be associated with Thorn. This tree is especially good as a symbol for protection against lightening and is a holy tree for the sky gods. It is a great tree for doors, boats and houses. The acorn, the fruit of the oak, is kept inside the house as protection from lightening.

Some Correspondences

• Number: 3

Color: Bright Red

Tree: Blackthorn, Hawthorn, Bramble, Oak

Herb: Houseleek

Gender: Male

• Element: Fire

Deity: Thor

Wind: Africus - South-West

Essential Oil: Frankinsence

• Time of Day: 14:30 - 15:30

• Half Month Begins: 7/29/2012

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Chapter 4: As



The As Rune is the 4th rune in the Elder Futhark Alphabet. It is also known as the Os or Ansuz rune. It stands for deities and divine power. It is considered to be the primal sound and the rune that created the universe. This rune is used to represent the force of the deities in a magickal work.

The As Rune is represented by the Ash tree, especially by the most sacred tree, the Yggdrasil. Ash is the tree traditionally used for making fence posts as well as the handles of tools and weapons. In this, it represents order.

Ash is also the wood that is used in Druidic wands as it is a great conductor of magickal force or önd. The smoke from burning Ash is said to chase away evil spirits and negative energy. It is also represented by the mushroom, Fly Agaric, which is a hallucinogenic. This is the rune that represents Shamans and the shamanic way. Odin, the master of Shamans, is the god for this rune.

Some Correspondences

Number: 4

• Color: Dark Blue

Tree: Ash

• Herb: Fly Agaric

• Gender: Male

• Element: Air

Deity: Oden

Wind: Africus - South-West

Essential Oil: Clove

Time of Day: 15:30 - 16:00

Half Month Begins: 8/13/2012

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Chapter 5: Rad



The Rad rune represents motion, as in the wheel and riding. It is also known as Raidho. This rune is all about ritual and process. Once in motion, staying in motion

is needed to complete the tasks. This rune is used keep the ritual work going as well to note the process of the magickal work itself. It is both the road and the vehicle.

The tree for this rune is the oak tree. The oak tree is the holy tree for most of Europe and is considered to be the tree of the sky gods. It is used as a protection against lightening and is favored for buildings. It is also the tree used for doors and ships.

Some Correspondences

Number: 5

Color: Bright Red

Tree: Oak

• Herb: Mugwort

• Gender: Male

• Element: Air

Deity: Ing

Wind: Favonius - West

Essential Oil: Basil

• Time of Day: 16:30 - 17:30

Half Month Begins: 8/29/2012

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Chapter 6: Ken



The sixth letter is Ken, also known as Kenaz, which stands for knowledge and transformation. This is the rune that brings us light into the darkness. It is represented by hearth fires and the forge. This is also the rune that generates and channels protective energies and regenerative powers.

The tree that represents Ken is the pine tree. The pine tree is the tree of illumination and the torch of knowledge. Pine also has a resin that makes an incense that is good for magickal works specifically to gain and remember knowledge.

Some Correspondences

• Number: 6

Color: Light Red

• Tree: Pine

Herb: Cowslip

• Gender: Female

• Element: Fire

Deity: Heimdall

Wind: Favonius - West

Essential Oil: Pine

• Time of Day: 17:30 - 18:30

Half Month Begins: 9/13/2012

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Chapter 7: Gyfu



Gyfu, also known as Gifu, is the seventh rune in the Elder Futhark alphabet. It stands for gift of the gods and for talent/burden. Because this rune is a gift, it stands for the unification between people and between the people and the gods. It also stands for unity and balance. It is an exchange or interchange between two people so it represents the magickal cooperation between the two.

It is important to note that the symbol was not written like the "X" but like the ">" and "<" together. When they are touching like the "X" then they mean an equal partnership, but when they are not touching and one is above the other "><", then it means the connection between the people and the gods. The ">" represents the gods and the "<" represents the people or man. When the ">" is above, then it is representing the gods of the heavens or Asgard. When the ">" is below, it is representing the gods of the underworld or Utgard.

The Gyfu Rune is represented by the Ash tree, especially by the most sacred tree, the Yggdrasil. Ash is the tree traditionally used for making fence posts as well as the handles of tools and weapons. In this, it represents order. Ash is also the wood that is used in Druidic wands as it is a great conductor of magickal force or önd. The smoke from burning Ash is said to chase away evil spirits and negative energy.

Some Correspondences

Number: 7

• Color: Deep Blue

• Tree: Ash, Elm

Herb: Heartease

Gender: Male and Female, Bisexual

Element: Air

• Deity: Gefn

Wind: Favonius - West

Essential Oil: Hyssop

• Time of Day: 18:30 - 19:30

Half Month Begins: 9/28/2012

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Chapter 8: Wyn



Wyn, also known as Wunjo, is the eighth rune in the Elder Futhark alphabet and is the last in the first aett. Wyn stands for joy and prosperity. In magick, joy refers to the balance in nature and the people. It removes anxiety and uncertainty because it is the mid-point between extremes. It is also the prosperity rune since when you are in balance all things are easier. This prosperity doesn't just include wealth, but also

love happiness and joy. It is a great rune to use in combination with other positive runes for added magickal and spiritual energy.

Like the Gyfu rune, the Wyn rune is represented by the Ash tree, especially by the most sacred tree, the Yggdrasil. Ash is the tree traditionally used for making fence posts as well as the handles of tools and weapons. In this, it represents order. Ash is also the wood that is used in Druidic wands as it is a great conductor of magickal force or önd. The smoke from burning Ash is said to chase away evil spirits and negative energy.

Some Correspondences

Number: 8

Color: Yellow

Tree: Ash

• Herb: Flax

Gender: Male

• Element: Earth

Deity: Odin/Frigg

• Wind: Cautus - North-west

Essential Oil: Marigold

• Time of Day: 19:30 - 20:30

• Half Month Begins: 10/13/2012

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Chapter 9: Hagal



Hagal, also known as Hagall, is the 9th rune and the first rune of the 2nd aett. Hagal stands for hail and formation.

This is the first of three winter runes. It represents the most important number in the Northern Tradition - "by the power of three times three". This rune represents the power of winter, such as hail, sleet and snow. Hagal is great for bonding

rituals.

Ash and Yew are the trees of Hagal. Ash is used in making wands and staves. Yew trees represent the paradox of life and death. It is the tree of eternal life.

Some Correspondences

Number: 9

• Color: light blue

• Tree: ash/yew

Herb: byrony

• Gender: female

Element: ice

Deity: Urd/Heimdall

Wind: Cautus - NW

Essential Oil: Rose absolute

• Time of Day: 20.30 - 21.30

• Half Month Begins: 10/28/2012

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Chapter 10: Nyd



The tenth rune is Nyd, also known as Nied. Nyd represents need and necessity.

When used magickally, Nyd asks for caution and knowledge, especially knowing yourself. This rune is used in disempowering oppenents and preventing magickal attacks. It is great for defense.

Beech and Rowen are the trees of Nyd. Beech is used in magickal writing which stores and protects knowledge. Rowan is a tree of binding and protecting homes. It is used in warding off psychic visitations and attacks and deflect all malevolence. It can also bring good luck.

Some Correspondences

• Number: 10

Color: black

• Tree: beech/rowan

• Herb: snakeroot

• Gender: female

• Element: fire

Deity: Skuld

Wind: Cautus - NW

Essential Oil: Eucalyptus

• Time of Day: 21.30 - 22.30

• Half Month Begins: 11/13/2012

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Chapter 11: Is



Is, also known as Isa, represents the element ice, static existance, the present time and stopping activity.

It is great for ending or limiting a ritual, spell or binding. It should not be underestimated as an irristable force.

Alder is the wood of Is. It was used in the old days as a foundation for bridges and building supports. It is also a musical wood, as it was used to make whistles and flutes with magickal powers. It is resistant to water and is a steady foundation in magickal works.

Some Correspondences

Number: 11

• Color: black

Tree: alder

Herb: henbane

• Gender: female

• Element: ice

• Deity: Verdani

Wind: Septentrio - N

Essential Oil: Lavender

• Time of Day: 22.30 - 23.30

Half Month Begins: 11/28/2012

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Chapter 12: Jera



Jera is the rune of cycles, like years or seasons.

It brings completion in a proper time. This rune should be used when a ritual or spell needs to be completed to its proper conclusion. Its overtones are of a plentiful harvest or a reward, but only if things have done correctly. If you have

planted the seeds, water and fertilized them, then you won't receive your harvest. It is also a rune of balance.

The tree for this rune is the oak tree. The oak tree is the holy tree for most of Europe and is considered to be the tree of the sky gods. It is used as a protection against lightening and is favored for buildings. It is also the tree used for doors and ships.

Some Correspondences

Number: 12

• Color: light blue

Tree: oak

Herb: rosemary

• Gender: both

Element: earth

Deity: Frey/Freyja

Wind: Septentrio - N

• Essential Oil: Rosemary

• Time of Day: 23.30 - 00.30

• Half Month Begins: 12/13/2012

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Chapter 13: Eoh



Eoh is a double ended rune representing both life and death.

It's shape is of a stave with life at one end and death at the other. It is also the 13th rune and is considered unlucky by some. This isn't necessarily always the case. It is a rune with remarkable longevity that is combines with toxicity. It is the rune of regeneration and reincarnation. You are born, you live, then you die.

Once dead, you come back in another form.

The trees for this rune are Yew and Poplar. Yew trees represent the paradox of life and death. It is the tree of eternal life. Poplar was used for arrow shafts and is the wood of divinitation.

Some Correspondences

• Number: 13

• Color: dark blue

• Tree: yew/poplar

Herb: bryony

• Gender: male

• Element: all

Deity: Ullr

Wind: Septentrio - N

Essential Oil: Benzoin

• Time of Day: 00.30 - 01.30

Half Month Begins: 12/28/2012

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Chapter 14: Peorth



Peorth, also known as Perdhro, has several meanings. It represents the dice cup, pawn or game piece. It represents chance and uncertainty.

It also represents free will as once the game pieces are on the board, it is up to the gamer as to what happens next. The game board itself represents life, but a life that is confind to a pattern or set of rules. On another level, it is also the rune

used to bring things in exsistance. It exsposes things that were previously concealed. This is why it is also considered the bringer of knowledge. With all the conotations of games boards, revealing knowledge and free will, Peorth is a rune of memory, recollection, problem-solving and esoteric knowledge. It is also a rune of magickal perception, letting us know the inner secrets of both the human world and nature.

The trees for this rune are Beech and Aspen. Beech is used in magickal writing which stores and protects knowledge. Aspen is a protective wood magickally and was used to make magickal shields and measuring rods.

Some Correspondences

Number: 14

• Color: black

Tree: beech/aspen

Herb: aconite

• Gender: female

• Element: water

Deity: Frigg

• Wind: Aquilo - NE

Essential Oil: Bverbana

• Time of Day: 01.30 - 02.30

• Half Month Begins: 1/13/2012

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Chapter 15: Elhaz



Elhaz is a magickally defensive warding sign.

It is very powerful at warding off and repelling all evil. It makes a great rune of personal protection. Visualizing this rune encompassing or floating around your astral body will ward against psychic attacks. Placing this rune on buildings and vehicles allows its protection to surround them. This rune's polarity is bisexual,

having both male and female qualities.

The trees for this rune are Yew and Service. Yew trees represent the paradox of life and death. It is the tree of eternal life. The service tree is a tree of protections, especially against wild things, both natural and supernatural.

Some Correspondences

• Number: 15

Color: gold

Tree: yew/service

• Herb: sedge

Gender: both

Element: air

Deity: Heimdall

Wind: Aquilo - NE

• Essential Oil: Peppermint

• Time of Day: 02.30 - 03.30

Half Month Begins: 1/28/2012

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Chapter 16: Sigel



Sigel is a rune of great force and represents the power of the sun.

It is a very straightforward rune allowing devistating power to directly effect the object, ritual or spell. As this is a solar rune, it wards against death and destruction. It represents light triumpheting over death. It is also a powerful healer.

The trees for this rune is Juniper and Bay. Juniper is another tree of protection. This one protects against harm. In Scotland, its twigs were used to ward against the Evil Eye. It's smoke is great as a powerful anti-demonic incense. The bay tree are used to ward off illness if planted by the door of a home. It's protected properties can be used by restaurants and shops if they are planted in containers. Their leaves are used to bring pleasant dreams.

Some Correspondences

• Number: 16

• Color: white

• Tree: juniper/bay

• Herb: mistletoe

• Gender: male

Element: air

Deity: Balder

Wind: Aquilo - NE

• Essential Oil: Bay

• Time of Day: 03.30 - 04.30

• Half Month Begins: 2/12/2012

Chapter 17: Tyr



Tyr, being the first rune of the third aett, represents targeting of positive forces. Tyr is also known as Tir.

As the arrow rune, this rune is great for tracking and targeting. It represents achieving one's objective, and that achievements require sacrifice. This rune is popular for using with legal issues and justice.

The tree for this rune is the oak tree. The oak tree is the holy tree for most of Europe and is considered to be the tree of the sky gods. It is used as a protection against lightening and is favored for buildings. It is also the tree used for doors and ships.

Some Correspondences

Number: 17

Color: bright red

• Tree: oak

Herb: aconite

• Gender: male

Element: air

• Deity: Tyr

• Wind: Solanus - E

Essential Oil: Lemongrass

• Time of Day: 04.30 - 05.30

• Half Month Begins: 2/27/2012

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Chapter 18: Beorc



Beorc is the symbol of completing a task or objective and then moving on to the next one.

It marks the point when one situation is over and the next one begins. It is that defining moment. It is also the rune of purification and new beginnings, sacred to feminine magic.

The tree for this rune is the birch tree. The birch tree is the tree of spring growth and purification. This tree shows farmers when it is time to plant their farms. It is also the tree of which Maypoles are made. It is said to bring good fortune and to drive away harmful influences.

Some Correspondences

Number: 18

• Color: dark green

Tree: birch

Herb: lady's mantle

• Gender: female

Element: earth

Deity: Nerthus/Holda

• Wind: Solanus - E

• Essential Oil: Dill

• Time of Day: 05.30 - 06.30

Half Month Begins: 3/14/2012

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Chapter 19: Ehwaz



Ehwaz is the horse rune. It represents the absolute trust and loyalty of an unbreakable bond.

It's loyalty or faithfulness should only be used by those with serious intentions. This rune is used to create movement towards an end goal or undertake a task. It is very valuable tool to use at the beginning of a psychic journey or moving to a

new home.

The trees for this rune are the oak and ash trees. The oak tree is the holy tree for most of Europe and is considered to be the tree of the sky gods. It is used as a protection against lightening and is favored for buildings. It is also the tree used for doors and ships. The ash tree is used in making wands and staves. It is considered to be a magickal tree.

Some Correspondences

• Number: 19

Color: white

• Tree: oak/ash

• Herb: ragwort

Gender: both

• Element: earth

• Deity: Frey/Freyja

• Wind: Solanus - E

Essential Oil: Juniper

• Time of Day: 06.30 - 07.30

Half Month Begins: 3/30/2012

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Chapter 20: Man



Man, also known as Mannaz, is the rune of mankind. It represents the basic human qualities of man, no matter the gender.

It also represend social order and languages. It is a rune of the mind. It is also of bisexual polarity as it is the rune of both man and woman.

The tree for this rune is the Holly. Holly trees suppress lightening, thus they are the tree of Thor and Tuesdays. If fixed upon the door frame, it will stop harmfule people or forces from entering. Holly wood make great door frames, sills and handles. They are also great for windows.

Some Correspondences

Number: 20

• Color: deep red

Tree: holly

Herb: madder

• Gender: both

Element: air

Deity: Heimdall/Odin/Frigg

• Wind: Eurus - SE

Essential Oil: Ylang Ylang

• Time of Day: 07.30 - 08.30

Half Month Begins: 4/14/2012

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Chapter 21: Lagu



Lagu, also known as Lagaz, means water or lake. This rune represents fluidity.

It represents the powerful pull of the tides, the force of waterfalls and the raging currents of the deep. It represents the life force that is need not only in physical life, but also in spiritual life. It is the rune that shows that not everything is a constant and that things change. Use this rune to help clear blockages and get out

of a rut.

The tree for this rune is the Osier. It is a type of Willow tree. The osier are used to make baskets. Willow trees symbolize purification and rebirth. It is great for turning back psychic attacks.

Some Correspondences

Number: 21

Color: deep green

• Tree: osier

Herb: leek

Gender: female

Element: water

Deity: Njord/Nerthus

Wind: Eurus - SE

Essential Oil: Fennel Sweet

• Time of Day: 08.30 - 09.30

• Half Month Begins: 4/29/2012

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Chapter 22: Ing



Ing is a rune of light. It represents fertility and nurturing.

It is a rune of protection for household and families. Ing can also channel energy and bring together and integrate separate elements, like bring together people can form a family. It is the doorway to the astral, which allows access to power of limitless extension. This gathering of power should be done gradually over time

so that the vessel can be sustained. Then the power is released in a single burst of power. This is the basics of sexual magic, especially the male's release in sex magic.

The tree for this rune is the Apple. Not only good to eat, the apple is a symbol of eternal life. In various pantheons, you could become immortal by eating a golden apple. It also represents eternal youth, fertile soil, health and long life.

Some Correspondences

• Number: 22

Color: yellow

• Tree: apple

• Herb: selfheal

Gender: both

Element: water/earth

• Deity: Ing (Frey)

Wind: Eurus - SE

Essential Oil: Cedarwood

• Time of Day: 09.30 - 10.30

Half Month Begins: 5/14/2012

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Chapter 23: Odal



Odal, also known as Othel, is the rune of Odin and means to own earth or land. Sometimes this rune and Dag, the last rune, switch places. This depends on the author and practitioner.

This is a rune of personal belongings and ancestral heritage. In magick, it represents an area that is under control of the mage, so it is a defining rune like the circle in a Wiccan or Pagan's spell.

The tree for this rune is the Hawthorn. Hawthorn is a protective thorn tree. A hedge of hawthorn make a great physical and psychic barrier. They protect sacred enclosures. It is bad luck to cut down a Hawthorn bush or tree.

Some Correspondences

Number: 23

• Color: deep yellow

• Tree: hawthorn

Herb: clover

• Gender: male

Element: earth

Deity: Odin

Wind: Auster - S

• Essential Oil: Marjoram

• Time of Day: 10.30 - 11.30

• Half Month Begins: 5/29/2012

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Chapter 24: Dag



Dag, also known as Daeg, is the last rune in the main 24 Elder Futhark runes. It represent day and the polarities of light and darkness.

It is a powerful blocking rune and is used on doors and windows as a rune of protection. It also means light, health and prosperity. It's used as protection from anything harmful while still allowing anything benefitual to enter. It is also the rune of invisibility and cosmic consciousness.

The tree for this rune is the Spruce. Spruce is the tree of Yule. It represents permanence and the eternal cosmic axis.

Some Correspondences

Number: 24

• Color: light blue

Tree: spruce

Herb: clary

• Gender: male

• Element: fire/air

Deity: Heimdall

Wind: Auster - S

Essential Oil: Clary Sage

• Time of Day: 11.30 - 12.30

Half Month Begins: 6/14/2012

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Sources

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